

## THE MENOPAUSE "Crack-Up" – Special Two Night Engagement

**Judith E.** stars in her one-woman show *The Menopause "Crack-Up"* – a funny take on the trials and tribulations of the onset of menopause. Along the way, we get to know about her life, loves and hopes for the future. **Judith E.**'s solo show garnered critical acclaim and played to overflowing houses when it premiered in November 2009 at the NoHo Actors Studio, and has been accepted for performance at the Indiana Fringe Festival in late August. The play is written by Judith E., and directed by **Kaz Matamura.**

Menopause, this period of physical change, leads to some self-loathing as the distraught character Giaa laments the unpleasant symptoms she is suddenly experiencing. In addition to playing a version of herself, **Judith E.** effortlessly slips into some alternate roles, such as the Russian doctor who she consults, a sinister cat-stroking villain, or the persona of her very strict grandmother or 'abuela.'

Sad, yet funny, *The Menopause "Crack-Up"* is an **Adults Only** show. Contains brief partial nudity and explicit sexual language.

### What Critics Have Said:

“Empowerment, Edginess, Elegance, Entertainment, and Enormous Energy is Everything that Judith E. brings to the stage at the NoHo Actors’ Studio...brings credibility...instantly transforming her persona from sad to serious to sexy....With her strong, fierce “I Will Survive” dynamism and her confidence, talent and ability to carry her show ‘solo,’ captivating the audience in its entirety, Judith E. is a force to be reckoned with, and her message real and relevant.” - - **Tolucan Times**

“Judith E.’s writing and performance skillfully and thoughtfully presents every woman’s experiences in her one-act dramedy, nicely directed by Kaz Katamura.” - [NoHoArtsDistrict.com](http://NoHoArtsDistrict.com)

“...(you) laugh so hard your sides could split open...It’s enormously funny and sometimes poignant.” - [NoHoArtsDistrict.com](http://NoHoArtsDistrict.com)

“...an hilarious romp...we are privy to her moments of despair and moments of supreme fun. If you can survive the hell of emotional roller coasters and see the fun in it as Judith E has done, you can hang on. “ - - **LA [Splash.com](http://Splash.com)**

“The acting and directing were superb and the packed audience was in stitches most of the time.” - - **LA [Splash.com](http://Splash.com)**